

# 2023 ALOHA FROM MEMPHIS

## Rotation Schedule

Feb 25-26, 2023

### Saturday, February 25, 2023

Session: 1 -- LEVEL 6-10

Stretch 9:00 AM  
Introduction 9:20 AM

Timed Warmup 9:25 AM  
Awards 12:00 PM

# Gymnasts: 47

Flight: A - 26



8

901 Gymstars - 8



5

AAC - 1

DGF - 3

Defying Gravity - 1



8

Wimbleton Gymnastics - 8



5

WBGA - 5

Flight: B - 21



6

SEGA01 - 6



8

WBGA - 8



7

Impact Gymnastics - 7



0

### Saturday, February 25, 2023

Session: 2 -- LEVEL 4/5/XP

Stretch 12:15 PM  
Introduction 12:35 PM

Timed Warmup 12:40 PM  
Awards 3:15 PM

# Gymnasts: 57

Flight: A - 36



12

Let It Shine - 12



7

Wimbleton Gymnastics - 7



11

Let It Shine - 11



6

AAC - 2

SEGA01 - 4

Flight: B - 21



8

Impact Gymnastics - 8



6

901 Gymstars - 2

DGF - 1

MEGA01 - 1

Xtreme PB - 2



0



7

MGC - 4

WBGA - 3

# 2023 ALOHA FROM MEMPHIS

## Rotation Schedule









Feb 25-26, 2023

### Saturday, February 25, 2023

Session: 3 -- XCEL GOLD

Stretch 3:30 PM Timed Warmup 3:55 PM  
Introduction 3:50 PM Awards 6:30 PM

# Gymnasts: 64









Flight: A - 33			
 8 Defying Gravity - 8	 7 MGC - 7	 11 Impact Gymnastics - 11	 7 MGC - 7
Flight: B - 31			
 7 WBGA - 7	 7 901 Gymstars - 3 Xtreme PB - 4	 9 Bama Bounders - 2 Gabys - 5 MEGA01 - 2	 8 AAC - 8

### Sunday, February 26, 2023

Session: 4 -- LEVEL 1/2/XB

Stretch 9:00 AM Timed Warmup 9:25 AM  
Introduction 9:20 AM Awards 12:00 PM

# Gymnasts: 80









Flight: A - 44			
 12 DGC - 12	 11 901 Gymstars - 4 Bama Bounders - 7	 11 River City Royals - 11	 10 Let It Shine - 10
Flight: B - 36			
 11 SEGA01 - 11	 7 IEG - 7	 9 AAC - 4 SEGA01 - 5	 9 A & A Gymnastics - 9

### Sunday, February 26, 2023

Session: 5 -- XCEL SILVER

Stretch 12:15 PM Timed Warmup 12:40 PM  
Introduction 12:35 PM Awards 3:15 PM

# Gymnasts: 55

Flight: A - 39			
 10 Xtreme PB - 10	 10 Gabys - 10	 12 MGC - 12	 7 Bama Bounders - 4 IEG - 3
Flight: B - 16			
 5 901 Gymstars - 5	 6 AAC - 6	 0	 5 Defying Gravity - 5

# 2023 ALOHA FROM MEMPHIS

## Rotation Schedule

Feb 25-26, 2023

### Sunday, February 26, 2023

Session: 6 -- LEVEL 3

Stretch 3:30 PM  
Introduction 3:50 PM

Timed Warmup 3:55 PM  
Awards 6:30 PM

# Gymnasts: 60

Flight: A - 34



9

Impact Gymnastics - 9



8

Let It Shine - 8



8

Wimbledon Gymnastics - 8



9

Let It Shine - 9

Flight: B - 26



7

DGC - 7



7

SEGA01 - 7



6

901 Gymstars - 3  
MEGA01 - 3



6

SEGA01 - 6